



T E X A S
SPINE & JOINT
H O S P I T A L

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Important instructions

Hand Washing—Make it a habit of washing your hands thoroughly several times a day in the weeks prior to your surgery.

Cleansing Instructions—Follow these instructions for cleaning your surgical site area the night before and morning of surgery.

Questions Call:
Susan Orr, BSN, RN,
Infection Control: **903.530.4231**

Prevent Infection Cleansing Instructions

By following these instructions you will help ensure that your surgical site is free from infection-causing bacteria.

Cleansing the night before surgery

- Shower or bathe with antibacterial soap and dry off with a clean towel. Do not shave.
- Wait one hour.
- Apply one prep cloth to surgical site. Wipe for three-five minutes.
If you are having hand or foot surgery, make sure to get between all toes/fingers, nail beds and under nails well with cloth.
- Let area dry for one minute. Do not rinse. Skin may feel tacky for several minutes.
- Prep cloth may cause skin irritation such as a temporary itching sensation and/or redness. Showering or shaving immediately before applying the cloth may enhance effect. If itching or redness persists, rinse affected areas and discontinue use.

Cleansing the the morning of surgery

- Shower or bathe with antibacterial soap and dry off with a clean towel. Do not shave.
- Immediately apply second prep cloth to surgical site. Wipe for three-five minutes.
- Let area dry for one minute.

Verification Stickers — Bring this page when you arrive for surgery.

Place the Prep Check™ stickers from the package on the spaces below.

